



DanceSTAR

NORTH STAR CHAPTER NEWSLETTER

USA Dance, Inc

Volume 10, Issue 3

May- June 2009

Dancing is Gaining Ground..."

By: Michael R. Singleton

President USA Dance North Star Chapter

"The economy is not in the best shape but people are tired of going without...". I have heard this several times over the last couple of weeks. I am constantly running into people who have recently taken up dancing as a hobby. Like these newcomers, there are hundreds of other people that don't know where to go or where to find quality fun in ballroom dancing. Our chapter has what they are looking for and just what they need!

There are only a few places where you can go to hear danceable music and I can only think of one venue on a Sunday night, the fourth Sunday to be exact. We cannot afford to spend money on running ads. I know that advertising has not ever been a part of the budget, but with your help we could go that route. Let us know, of course, if you think we should... The only other way, and I think it is the best way, is word of mouth. So let your friends know where they can find good music, a great dance floor, friendly people and most of the time a "four course meal"! For those who do so, please keep cooking!!! Guests are always welcome, and have them bring a partner if they would like. If not, for the ladies, we will have plenty of dance hosts available for their enjoyment.

When you share your experiences of dance with your friends, don't forget to include talking about the health benefits - they are numerous: Fitness, relaxation and an important social tool to mention a few. It's true, in fact a new study just came out and the results say that dancing aids in the prevention of dementia. The [New England Journal of Medicine](#) recently reported on the effects of recreational activities on mental acuity in aging. Among these activities were reading, playing board games, playing musical instruments and dancing. The dual benefit from ballroom dancing includes the cognitive effort as well as the physical, thus the ONLY physical activity proven to help prevent dementia is frequent dancing!

Thank you, and see you on the dance floor!

2010

Dance Calendar

Friday Musicale

645 Oak Street

Jacksonville, Florida

(904) 355-7584

May 23rd

June 27th

July 25th

August 22nd

September 26th

October 24th

November 28th

December tba

(Christmas Dance)

Doors open at 6:00 PM

Lesson 6:30 - 7:15 PM

General Dancing 7:00 - 10:00 PM

Members \$7.00

Non-Members \$10.00

Doors open at 6:30 PM

Dance Host Program

Just a reminder ladies...the Dance Host Program is still in effect!!! Contact **Joyce Pastre at 262-3789** by the Thursday prior to the monthly dance to get on the dance host's dance card. Please call early so we can ensure we have enough hosts to keep you all dancing! The cost is \$10.00 per lady...PREPAID. Send checks to: 12249 Kinelaven Rd, Jacksonville, FL 32258-9472

Member Spotlight



Elaine Bohn grew up on a Midwestern farm – her family were immigrants from Germany, Scotland, and Wales at the time of the American Revolution. Her father's business was auditing newspaper and radio stations. Elaine earned a Bachelor in Arts degree and became a certified LUTC (Life Insurance Underwriter). Some years ago she retired from a career as a Nationwide Insurance Agent, who also had ownership of the Theatre Music Center here at Jacksonville Beach.

Elaine began to dance at the age of nine - ballet, toe, adagio, and acrobatics. She started ballroom dancing from college years and has continued to the present with unabated enthusiasm. Elaine stated "I have competed in smooth but this is not of great interest to me. Promoting social ballroom dancing is my challenge. I have had the privilege of being a member of USA dance since the 1990's." She became a member of the Asheville, NC, USABDA association. She served on their first board as their member-at-large from 1993-95 - today they are a strong club. Her USABDA membership was transferred to the Jacksonville Chapter in the late 1990's.

Elaine is well known in the dance community and her dedication to and involvement in promoting social dance, has been obvious. Aside from her service in the USA Dance world, she has served as President of ABCDA from 1989 to 1991 and again currently Pres. since 2004. She is an active member in the GFWC Jacksonville Beach Woman's Club – she has held offices within that group also, serving as treasurer from 2005 to 2007 and Pres. from 2007-2008. The organization is charity-oriented both nationally and locally. Her other interests are related to gardening...she is a member of Ribault Garden Club, the Magnolia Circle, and the Arrangers Guild.

Music has been a primary part of her life...starting with piano lessons in 1936. She studied oboe and percussion at Vandercook College of Music, Chicago. She taught baton twirling at their summer band camps. She was a National Champion. Here in Florida she taught the Fletcher High School majorettes for 20 years. The school also had a drum and majorette corps, the Crown Beaches Drum and Majorette Corps. They were 50 strong and one of two in the state of Florida.

As Elaine likes to say, "Keep dancing!"

For the Social Dancer

USA Dance Chapter #6104

VFW Post 2391
6184 US Highway 1 South
St Augustine, FL
Ph: 904-669-8276

May 15th

June 19th

Lesson 7:00 pm

General dancing: 8:00 - 10:30 pm

Admission \$6.00 members,
\$10.00 non-members

www.usadancestaugustine.net

Join USA Dance for America's First National Ballroom Dancing Cruise aboard the Luxurious Costa Atlantica

Coming up on November 28th, 2010, this seven-day dance cruise departs from Ft Lauderdale: prices begin at \$599 per person based on double occupancy, plus tax. The cruise is co-sponsored by USA Dance and Costa Cruise Lines; Port cities are Key West, Ocho Rios, Grand Cayman and Cozumel.

Space is limited, so book online at www.dancecruiseUSADANCE.com

Send your questions to the cruise organizer, Social VP Jean Krupa- e-mail:

Social-vp@usadance.org

FOR THE SOCIAL DANCER

Thursday

Ballroom Dancing at Club Savoy,

6354 Arlington Road

Free Group 8 - 8:30 pm

General dancing 8:30 -10:30 pm. Cost \$6

Music by Wade Nolan and Burt Pringle.

Saturday (1st & 3rd)



DanceSport and Wellness Center

10131 Atlantic Blvd, Jacksonville, FL

Free group at 8 pm.

North Star members \$8

You MUST show your USA Dance card!

Call 721-3399 for more information.

Daytona and Orlando

Dance Calendar

**Greater Daytona Chapter
City Island Recreation Center
108 E. Orange Ave**

386-423-7455 or 386-427-4591

May 8th, 22nd

June 12th, 26th

Lesson 7 - 8 pm—Dance 8 - 10:30 pm

\$6.00 members , \$10.00 non-members

Central Chapter—Orlando

United Methodist Church

Cnr Interlachen Ave & Morse Blvd

John Davis @ 407-644-6286

May 21st - Sea of Dreams

June 18th - Great Gatsby Charity Ball

Lesson 7:30 - 8 pm—Dance 8 - 11 pm

Admission \$6.00 members, \$10.00 guests

Competition Corner

2010 Competition Calendar

May 21-22	Smoky Mountain DanceSport Champ. NQE Knoxville, TN
June 12-13	NJ DanceSport Classic "Summer Sizzler" NQE Hackensack, NJ
June 25-26	Gumbo DanceSport Championships NQE Baton Rouge, LA
July 9-10	IDSF Open Latin & Open Standard Champ. Palm Desert, CA
July 31	Southern Star Mid-summer Classic Tampa, FL
Aug 7th	Boleros Grand Challenge Jacksonville, FL

More...

<http://usadance.org/dancesport/competition-calendar/>

Good Luck!!

In 2010

*Job & Sandy
Randy & Jean
Terry and Sandra*

From Ken Richards, VP of DanceSport competition:

To: DanceSport Athletes

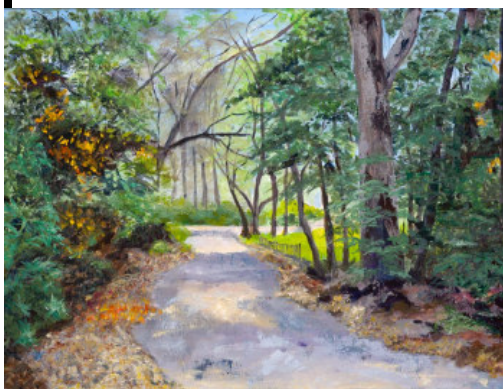
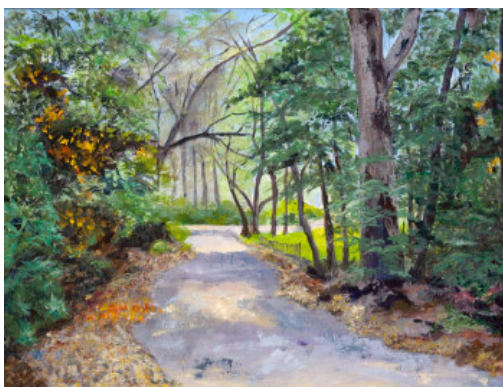
A Beta version of the USA Dance "Proficiency Point Database" has been released. A competitor may enter his/her own name in the "Dancer's Name" box and press "Enter". A Pull-down menu of names will be displayed from which you can choose your name ("Choose Dancer's Name"). Select yourself and click on "Retrieve Score Card". Your personal record of Proficiency Points will be listed.

This data is still being converted from the CompManager software that is commonly used at NDCA competitions, hence the data may still have some inaccuracies or be missing. You may contact registrar@usadancenationals.org to advise of discrepancies noted in your data.

Go to the www.usadance.org website for a full explanation of the Proficiency Points System: it can be located under DanceSport, Forms and Resources.

Editor's Notes

- * **Calling all you writers out there!** We would love you to submit a dance-related article that our readers would enjoy, please contact me: bronwen_chandler@hotmail.com and I'll notify you when it is time to collect submissions for the next newsletter. Also, if you are competing in Dancesport and not listed in our competitors' list please let me know and I'll add you in. Thank you!
- * Here's a useful link to tell you about the various dance venues around Jacksonville: <http://www.dancersdelight.net/newsletter.htm>
- * Don't forget to visit <http://usadance.org/> for a wealth of interesting information regarding our national organization as well as upcoming events and information on the Chapters.
- * If you need a spare copy of our newsletter to share with friends, we are posting it on our web-site.



ART by Bronwen

Some of my work in acrylics on canvas is currently on display at the Abbott Tract Artists' gallery: 31 San Marco Ave, St. Augustine, FL 32084

Hours: Noon - 6 pm Thursday - Sunday

Also open for the First Friday Art Walk and Uptown Saturday Night

New Website: www.artbybronwen.com

You may also contact me directly to arrange to view additional work:

E-mail: Bronwen_chandler@hotmail.com

Phone: 904-662-7354

"...I am becoming freer in expressing both a looser technique and my own coloration. I love to paint in acrylics, and am always striving to improve. I want the composition to be solid, and the viewer to be drawn into the work and to be able to strongly relate to it."

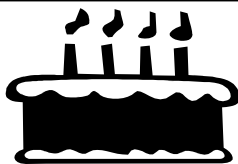
Welcome New Members

* Ruby Fuller * Adriana King * Joanne Eichelberger *
* Donna Smith *

Keep our chapter a Quality Chapter.

Renew your membership early!!

Bring a friend to a dance...they get in for half price for their first dance!



Member Birthdays

May

June

Bronwen Chandler	3	Jean Henderson	1
Anna Anderson	11	Rachel Massicotte	6
Barbara Dobson	17	Denise Henry	13
Jim Scalise	25	Sylvia Ferreira	14
Nancy Ratnour	26	Debbie Millard	24
Barbara Willette	30		
Susanne Connery	31		

North Star Chapter Officers and Committee Chairs

President.....	Michael Singleton
1 st Vice President.....	vacant
2 nd Vice President.....	Joy Bellemare
Secretary.....	Jackie Hamlin
Treasurer.....	Cheryl Schoonmaker
Membership.....	Carol Wyninger
Publicity	Kathy Anderson
Dance Host Program	Joyce Pastre
Web Design	Jim Scalise
Newsletter.....	Bronwen Chandler
Hospitality/Decorating.....	vacant
Youth.....	Lisa Buckloh
Telephone	Sharon Alexander
Outreach	Helen & Joe Jones/ Burt Pringle
Members-at-Large.....	Suzanne Connery Carol Wyninger
Immediate Past President..	Wade Nolan

Have You Moved ?

Don't miss a single issue of the North Star newsletter—DanceStar. If you have moved, please let us know your new address(s) - mailing and email!

Michael Singleton, 894-3160,
michaelsingleton@yahoo.com

North Star Chapter

www.northstarjax.org

The newsletter is now available on our web-site. If anybody has any suggestions for our web-site please let us know!!!

Tony Love-DJ Services

Music For Your Special Occasion

Private Party - Wedding - Anniversary - Birthday

Ballroom		R & B
Disco		Latin
Rock and Roll	40's - 90's	Line Dance

904-744-5427
Danceballroom@excite.com

"Those who love to dance find there's music in their souls."

Burt E. Pringle

NORTH STAR CHAPTER, USA Dance
606 Briarway Lane
Jacksonville, FL 32259

